## The Ultimate Adventure Travel Packing List

### CLOTHES
- Underwear
- Sleepwear
- Breathable tops
- Waterproof pants
- Breathable shorts
- Long pants
- Long sleeve tops
- Rain jacket

### OUTERWEAR
- Sunscreen
- Scarf/sarong
- Bug spray
- Towels
- Swimwear
- Hats
- Sunglasses
- Walking shoes

### TOILETRIES
- Toothbrush
- Toothpaste
- Shampoo/Cond
- Deodorant
- Shaving kit
- Feminine products
- Soap(face & body)
- Hair brush

### ESSENTIAL
- Journal
- Passport/ID
- Elect. chargers
- Camera
- Medications
- Vaccination book
- Cards/cash
- Travel insurnace

### MISC
- Books
- Camera
- Glasses
- Small flashlight
- Travel guides
- iPod/phone
- First-aid kit
- Water treatment tabs